

Southern Cross Primary School

School Lunches Guideline



PURPOSE

The purpose of this Guide is to address food being delivered to school during school hours, for example if a child has left their lunch at home on a particular day.

SCOPE

Southern Cross Primary School (SCPS) is committed to promoting a safe and healthy lifestyle for the students and the community. Recess snack and lunch is to be provided by the parents and carers each day. SCPS encourages and promotes healthy food options for the students to support their cognitive function, educational performance, and health.

The SCPS operates a Canteen in line with the Victorian Governments Health Canteen Guide, from a Monday to Friday.

Southern Cross understands that there will be isolated days where a child may forget their lunch, or a parent may not be able to provide lunch for their child. This guideline aims to minimise disruption to the learning program which can occur when food is delivered during the day. Parents and carers are expected to follow the procedures below when this occurs.

PROCEDURES

1. **Option A – Order a Lunch Order from the school’s Canteen**

- a. Please phone the Main Office to place a lunch order by 9.30am.
- b. Cost of the lunch order is expected to be provided on the day.
- c. After 9.30am please consider Option B.

2. **Option B – Drop homemade packed lunch to school**

- a. Please phone the Main Office to inform them you will be dropping food to school.
- b. A parent / carer may drop a packed lunch and snack to school by the following times:
 - i. Recess 11am.
 - ii. Lunch 1.15pm.
- c. A packed lunch might be a sandwich from home, the local bakery or equivalent. It may also include a thermos with home cooked warm food, fruit, treat etc.
- d. The school encourages all families to consider the Healthy Food Guideline in relation to the food provided, but also understand that some students have specific nutritional requirements and needs.
- e. The school will not be accepting take away food, such as McDonalds, Hungry Jacks or KFC etc as a food option for students during the school day. This type of food is not appropriate for a school lunch and does not adhere to the Healthy Food Guidelines.

3. **Option C – All attempts at parent/carers contact did not work**

- a. If, in the event that the parent has not made contact with the school or returned phone calls made by the school, students will be provided with a sandwich and water.
- b. Parents will be required to reimburse the school for the expense of these items.

FURTHER INFORMATION AND RESOURCES

- SCPS Canteen Menu <https://www.sthcrossps.vic.edu.au/source/Canteen%20price%20list%202021.pdf>
- Better Health Guide <https://www.betterhealth.vic.gov.au/healthyliving>