Sport Activities
Physical Education is a big part of our curriculum at Southern Cross Primary School. All students from Prep, right through to Grade 6 enjoy taking part in P.E and health sessions, as it educates them in the importance of leading active and healthy lifestyles. It has also been proven that involvement in P.E benefits adolescents physically, mentally, emotionally and socially, so it makes perfect sense to us that children who participate in P.E are generally happy children.

Our middle school are lucky enough to participate in the annual Gleneagles cup – encouraging our school’s future leaders to interact with older children and work within team settings. Our senior school students participate in weekly Interschool Sports between local schools in the area – helping them to appreciate the importance of rules in sport and being a good sportsman. We are also lucky enough to participate in Interschool events including cross country, athletics, swimming and lightning premiership (round robin) days.

We love our P.E at Southern Cross!!!!!!!