During Term 2, the Grade 3/4s participated in a ‘Boot Camp’ fitness program. Students enjoyed the extra Physical Activity sessions every fortnight. They were able to get fit and healthy while having lots of fun. The sense of mateship exhibited was a testament to the caring and kind students at Southern Cros PS.

“Boot Camp was fun and awesome because we got a lot of exercise” – Danish 3/4A

“It is very fun and you get very fit, but it makes your muscles ache!” – Pranay 3/4A

“I like boot camp and I hope the lady comes back” – Zadok 3/4A

“It was good for our abs” Abraar 3/4B
Students also participated in group, team-building activities. The Grade 3/4s were excellent examples of ‘Southern Cross spirit’; encouraging their team mates and having a ball!

“Boot camp was a really really fun experience and I hope the lady comes again” – George 3/4B

“Boot Camp is fun and it’s good exercise” – Yintong 3/4B

“It was fun and tiring” – Corey 3/4A