Better Buddies 2013!!!!

Our Better Buddies program is running for another year as it was so successful last year. The teachers run fun activities every second Friday afternoon for the last hour of the day. Prep to year 2 make one set of groups and years 3 to 6 make the other set. Teachers have chosen activities that they have skills in and impart this knowledge to their groups. The following are activities being run:

- Basketball clinic
- Yoga
- Weaving
- Dance
- Art work
- Science/Health
- Self Esteem development
- Debating
- Vegetable garden development

While participating in these fortnightly activities the students will be further developing our values of Friendliness, Respect, Responsibility and Valuing each other’s Differences. These values link very closely with our tribes values which have been imparted to the students over the past 6 years with great success. Better Buddies and Tribes is a great way for our students to celebrate the development of these personal skills which are so important for future life.
Miss Rutgers is running a basketball program that will help students with basic skills such as dribbling, passing and shooting. The students will practice these skills over a period of time and then apply them into a basketball game.

Mr Gallagher will be assisting students to maintain and look after the vegetable garden. The students will learn to use different tools for weeding, air rating the soil and planting new vegetables. Students will need to water the garden and put the scarecrows out to keep the birds from eating the plants!!
Mrs Lapthorne is running dance classes. First the students do a warm up. They perform in small groups. After learning some dance moves, sometimes they play a game of musical statues. This is great for the children’s co-ordination.

Miss Novakovic is running yoga classes. The students are focusing on breathing and how to use their breath. They did this by blowing feathers in the air and blowing the feathers up to the roof. The students learnt that breathing deeply and slowly makes us feel more relaxed. They also learnt their first yoga pose (the Childs pose).