A small community where the students shine!

May 8, 2014

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Please read this newsletter, as it is an important communication between school and home

The school community of Southern Cross Primary believes in providing a quality learning environment that encourages children to be curious, inspired and successful in their learning. We strive to achieve an educationally safe and caring environment through our daily implementation of behaviours, programs and modelling that values, understands and respects individual abilities and cultural diversity.

Mission Statement

Dates for your diary

May
12th Monday  SCHOOL PHOTOS
13-15th  NAPLAN testing
19th Monday  Years 1 & 2 to Casey Safety Road School
22nd Thursday - Commonwealth Bank Rep will be at school if anyone wants to open a student bank account 8.30 a.m. and 3.00 p.m.
26th Monday  Swimming commences for next two weeks, except Fridays

School photo day:  Monday, 12th May, 2014
If you have misplaced your child’s envelope, please contact the office for a replacement

SCPS School Assembly

Next fortnightly assembly will be held MONDAY, 12th May 2014, at 3.00 p.m.

School Hours and Break Times
Playgrounds supervised 8:45 – 9.00 a.m. and 3:30 -3:45 p.m. Students arrive 8:50 a.m. Classes start promptly at 9.00 a.m. Morning Recess is 11 – 11:30 a.m. Lunch 1:40 – 2:30 p.m. School finishes at 3.30 p.m.

FOR YOUR INFORMATION

Items sent home will generally be colour coded.

Gold  Excursion  Incursion
Pale Blue or White  General Notices
Orange  Important Messages
Bright Pink  Fundraising

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Dear Parents and Friends,

Welcome to the news this week.

**Foundation Children Farm Excursion**

I have just said a very happy good bye to our very excited Foundation Year children who are off on their farm excursion today. We have certainly been blessed with lovely weather that will allow them to get the most out of their day.

**Breakfast Club**

This morning our Breakfast Club was again a roaring success. It is wonderful to see so many children coming along to enjoy a social meal with friends at this time of day. Mr Gallagher continues to provide a delicious menu that seems to be pleasing to all who attend. Thank you again to all of the parents and teachers who always come along to help. Your input is appreciated very much.

**Swimming Program**

We are still waiting on swimming program returns to give us enough numbers to run the program. If you have not returned your swimming program slip and payment could you do so as soon as possible. This is a very important program that enables our precious children to learn the skills to keep themselves safe when in and around water. If you would like to know more please contact the office.

**School Photos**

Don’t forget our school photos will be on Monday next week. So please polish up the smiles and come looking spick and span for your beautiful class photos. Please make sure children are dressed in school uniform.

**Certificate III in Business**

If you would be interested in taking the opportunity to gain a Certificate III in Business please read the 2 page attachment to this weeks’ newsletter. This course will be held at Southern Cross Primary School in the coming weeks. We need 20 people for the course to run. If you or someone you know is interested in completing this course free of charge please contact us to find out more or fill in the expression of interest form and return it to school by Thursday 15th May. When we have the numbers we will confirm dates. At this present time we are considering a Tuesday or Wednesday morning and it would be held in the School Hall. I encourage you take this opportunity to gain this qualification which is being funded by the government.

I wish you a happy and healthy week ahead. I also hope that those of you who have caught one of the bugs that seem to going around at the moment will soon feel well again.

Averil Nunn – Principal.
The 2014 Swimming Program will be conducted during Term 2 – running Monday 26th – Thursday 29th May and Monday 2nd to Thursday 5th June (8 days).

This program will be held at Genesis, Scott Street, Dandenong (formerly Just Swimming), where the students will be instructed by fully qualified swimming instructors. The students will be transported to and from the Pool by bus each day. Notices were sent home recently for the Swimming Program.

The Swimming Centre requires a minimum of 70 students to run this program at the cost of $80.00. If this minimum number of students is not achieved, unfortunately, we will not be able to run the Swimming Program. Please consider supporting this very important aspect of your child’s health and wellbeing.

PARENTS CORNER

Winters Tonic

Now that the chilly weather is announcing itself to us so to are colds and flus. Demazin, Cold and Flu tablets, Strepsils are medications that we reach for to elevate our symptoms. However, they do not prevent nor eradicate the virus thus leaving us vulnerable to catching the next cold. One of the most important practices in Winter is to strengthen our immune systems and this can be done through taking Vitamin C tablets regularly and eating garlic.

Many studies have proven that garlic in particular can help to defeat bacterial viruses. Now the difference between good quality garlic and toxic garlic can be identified by the colour. Over 90% of the garlic offered in retail in Australia is from China. You will recognise this type of garlic from the white bulbs. This garlic is heavily fumigated to rid it of parasites and therefore hold no longer much medicinal value. The purple garlic is found to be the best however this can way heavy to the pocket.

An alternative is to plant your own and it is not that difficult. You can purchase disease free cloves of garlic from Bunnings to plant but using a bulb purchased from a green grocer is fine. This is the time to plant garlic and it will take about eight months until it is ready to be harvested. Just break up the bulbs of garlic into cloves. Make a 5cm deep hole in the ground. Place the clove pointy side up and cover with soil. Green shoots will form and you will know when it is ready to harvest as the shoots will begin to dry out and change colour. Once plucked out of the soil, use immediately or hang it in a shaded dry area to allow it to dry thoroughly to avoid mould. You can also plant them around fruit trees or rose bushes if you want to enhance the smell of your roses.

Maryam

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Our Excursion to Chesterfield Farm

During this term our students have been learning about ‘Life on the Farm.’ The students have had fun exploring the important role a farmer has and how he attends to his animals, the different type of animals that live on a farm and the agricultural side of farming.

On the 7th of May our Prep students attended an excursion to Chesterfield Farm with their teachers. The students had a fantastic time at our excursion which provided them with valuable hands on experiences of farm life and also creating wonderful memories along the way. We would also like to thank Candice who is a student teacher at our school and Warren our bus driver/helper for assisting on the day.